# Students of Strength



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# Roadmap of a five-star tutoring session

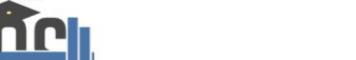
- Before the session
  - Review notes from any previous sessions
- Introduction (Breaking the Ice)
  - o 2-3 minutes
  - Ask about their day, or something you know about them
  - Judge their mood and what they're bringing to the session today, good or bad
    - Get to know your student as a whole person, outside of academics (build a relationship)
- Orientation (Motivation Building)
  - o 3-5 minutes
  - Set long-term goals (if first session) or restate long-term goals
  - Set a short-term goal for this session
    - Connect what the student is learning to other topics (relevancy)

#### Assessment

- o Determine where the student stands academically on this topic
- This may use your previous knowledge of the student, an SOS worksheet, and/or the student's self-report
  - Draw on the student's previous knowledge throughout the session (retrieval)
  - Remember to work just outside of their comfort zone (rigor)

#### Instruction

- This is the "meat" of the session
- Use either the student's uploaded worksheets, school content, and/or SOS's lesson content



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- Have the student try a problem or two on their own. See what they're doing well and where they're making mistakes. (retraining)
- Break down the problem, walk through it step by step, and thoroughly explain the parts they're getting wrong. If the student demonstrates difficulty, restate the solution in a new way. (routing)
- Have the student try more problems on their own, to make sure they have fully understood the concept. (rehearsing)

### Wrap Up

- o 2-3 minutes
- Affirm the student's hard work during the session (recognize their effort)
- Schedule the next session, if appropriate
- Send them off with motivation

#### After the session

- Take notes on the session
- o Include what you worked on, progress the student made, and any relevant information about their attitude or events in their life.